



# Wilson Park Public School

## NEWSLETTER

TERM 2 WEEK 2

9<sup>th</sup> May 2024

### P&C Meetings

The first  
**Wednesday**

of each month

Next meeting will be  
held on

5<sup>th</sup> June 2024  
at  
5:30pm  
in school library

### May

### Birthdays

**Dominic Greening**  
1<sup>st</sup> May

**Reece Saad**  
9<sup>th</sup> May

**Jacob Anderson**  
11<sup>th</sup> May

**Sarah Houston**  
12<sup>th</sup> May

**Macario Sipe**  
19<sup>th</sup> May

**Aaleahya Dobson**  
22<sup>nd</sup> May

**Charlotte Dennis**  
27<sup>th</sup> May

**Rhys Dennis**  
29<sup>th</sup> May



Dear Parents

Welcome to Term 2. All students have settled back into their routines and are engaged in learning.

### P&C AGM

Thank you to the parents who attended the P&C meeting last Wednesday. There were 12 people in attendance. All positions were declared vacant. Katey Saad read a heartfelt final President report thanking parents and staff for their commitment to Wilson Park School. We say thank you to 2023 executive and introduce our Executive for 2024.

President:	Amanda Baker
Vice President:	John Cawley
Secretary:	Rachelle O'Keefe
Treasurer:	Annie Zawanda

### Staffing

Congratulations to **Cathy Armbruster** who was successful at interview and has been appointed Assistant Principal at Wilson Park school.

**Elizabeth Johnston** who was at Wilson Park on a transfer of duties has been appointed as classroom teacher via transfer permanently to Wilson Park School.

### Classes

Term 1 was a very busy term in Class 1. The class just kept on growing prompting the need to make another class to accommodate present and future student enrolment.

**Class 1 and Class 2** were split to form classes 1, 2 & 3.

This resulted in most classes being renamed. Class 4 became Class 5 etc. moving all the way through to Class 10 becoming Class 11.

We now have all our learning spaces operational. This allowed Class 11 to handover their classroom to Class 3, and they moved back to the demountable classroom.

We welcomed **Irini Thornton**, casual teacher, as Class 2 classroom teacher. Attached is a classroom list to help clarify the changes.



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### Attendance Matters

**Wilson Park School students have an excellent attendance rate.**

The NSW Department of Education currently has a strong focus on attendance and is increasing the support available by schools for families to ensure every student is supported to attend school regularly.

**Moving forward as a school we will be focusing on increasing communication between parents and school when your child is absent.**

Below is an important message from the NSW Department of Education for parents.

"Every day matters for your child's learning. Parents play an important role in ensuring students get to school and stay in school every day. We want to do all we can to be sure your child achieves their potential and enjoys being in school.

When your child is absent from school it is important you let the school know, including the reason why, on the day or the day before if it is a planned absence. This helps us make sure we know where our students are and offer support for you and your family if needed."

**So we are best able to support you in ensuring your child's regular attendance please;**

- If your child is away from school for any reason, contact the school via a phone call or an email to the school's email address to explain why.
- If your child needs to arrive late or leave early, please notify the school.
- If you have trouble getting your child to school on time every day, please also contact the school. School staff are here to support you and your child to help them come to school.
- If we can support in any way, please reach out we are always here to support you and your child.



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### Little Dreamers

Clara Jansen who was once a carer for one of our students has reached out with some information for families. Clara is currently Regional Program Leader for Little Dreamers an organisation that provides support for young carers.

Parents at the P&C who have been involved with Little Dreamers also recommended the programs and have asked for the information to be passed on to families.

Young Carers are people aged 25 and under who provide unpaid care for someone affected by disability, chronic illness, mental illness, substance dependency or who is frail. This may include caring for a sibling with a disability, a parent who has an addiction or mental illness, or a grandparent who is frail.

- **Little Dreamers are running two programs this term, Empower Hour and Tutoring.**

#### **Empower Hour Peer Support**

Empower Hour Peer Support is a flexible online support program that focuses on connecting with other Young Carers in a relaxed and fun environment. This time is spent on fun activities, connecting with friends and receiving support and guidance from Little Dreamers mentors along the way.

- **Tutoring**

Tutoring provides Young Carers with extra support in their education, keeping them engaged in schoolwork. Matching each Young Carer with a Little Dreamers mentor that is not only a positive role model but also specialises in their education needs. Tutoring is held online on a weekly basis.

Please see attached flyers.

Regards,

Megan McQueen - Principal



# About Little Dreamers

Supporting Young Carers and Siblings

**LITTLE  
DREAMERS**

Chat to us for more info:  
info@littledreamers.org.au  
1800 717 515



**Hello!** We're Little Dreamers, Australia's leading Young Carer organisation. We support young people aged four to 25 who provide care for a family member affected by disability, chronic or mental illness, substance use, or frail age.

Across a range of direct support programs, both in-person and online, we're improving the quality of life of Young Carers across five key areas: education, employment, mental and physical health, socialisation, and financial wellbeing.

## OUR PROGRAMS



### HOLIDAY PROGRAM

Providing a break from caring roles on the school holidays and chance to make new friends, whilst enjoying a fun day out.



### BIG DREAMERS

A six-month personal development program where workshops, retreats, and new friendships await!



### EMPOWER HOUR

A weekly online Peer Support program that focuses on connecting with others in a relaxed and fun environment.



### TUTORING

Personalised academic support to Young Carers through one-on-one weekly sessions.



### LEVEL UP

A flexible program that lets Young Adult Carers shape their self-development and future dreams, all on their own terms.



### DREAMERS HUB

Join our 24/7 online community to participate in discussions, post content and connect and chat with other Young Carers.



### Available in the following LGAs:

Ballina, Byron, Clarence Valley, Kyogle, Lismore, Richmond Valley, Tweed Heads, City of Cessnock, City of Maitland, Dungog, Muswellbrook Shire, Port Stephens, Singleton Shire, and Upper Hunter Shire.

# Who is a Young Carer?

A Young Carer is a young person aged 4 to 25 who provides, or intends to provide care, assistance or support to a family member affected by disability, chronic or mental illness, substance use, or the impacts of older age.

## Some examples of a Young Carer's responsibilities include:

Sorting out medication  
Setting up appointments  
Attending appointments  
Looking after siblings  
Organisation

Physical & emotional support  
Communicating for others  
Helping with mobility  
Cooking  
Budgeting

Dressing  
Laundry  
Showering  
Cleaning



Little Dreamers acknowledges that a young person does not need to be the sole carer or primary carer for their life to be impacted by caring responsibilities. Young Carers are not defined by geography, culture or socio-economic factors and their roles vary in every family.



*I care for my younger brother*



*We care for our mum*



*I care for my older brother*



*I care for my mum and dad*

## Did you know?

It is estimated that there are more than 750,000 Young Carers in Australia.



**1 IN 10** YOUNG PEOPLE IN AUSTRALIA HAVE CARING ROLES IN THEIR FAMILY.



IT'S ESTIMATED THERE ARE **2-3 YOUNG CARERS** IN EVERY SINGLE CLASSROOM.



**2 IN 3 YOUNG CARERS** EXPERIENCE MENTAL HEALTH CHALLENGES AS A RESULT OF THEIR CARING ROLE.

## Apply for support:

[littledreamers.org.au/apply-for-support](http://littledreamers.org.au/apply-for-support)

   @LittleDreamersAustralia

[www.littledreamers.org.au](http://www.littledreamers.org.au)